



# Hawai‘i Psychological Association

*For a Healthy Hawai‘i*

2012 Annual Convention

*“Psychology in the Age of Health-Care Reform:  
Establishing Collaborations, Partnerships,  
and Allies in Healthcare”*

**October 19 and 20, 2012**

Ko‘olau Ballrooms  
Kaneohe, Hawai‘i

## Welcome to the 2012 Hawai`i Psychological Association Convention

E komo mai! This year's theme *Psychology in the Age of Health-Care Reform: Establishing Collaborations, Partnerships, and Allies in Healthcare* will showcase presentations that highlight the changing landscape of healthcare and health collaboration that is needed to more effectively address the physical and psychological needs of Hawaii within the context of the Affordable Care Act. This year's convention will feature Dr. Nabil Hassan El-Ghoroury, APA's Associate Director of APAGS, who will present a multicultural framework for assessing and treating children with Autism Spectrum Disorders on Friday, as well as, discuss all the things that graduate school did not teach you on Saturday, which is particularly pertinent to graduate students and Early Career Psychologists. Given the present legal and reimbursement challenges revolving around ASD treatment, Dr. El-Ghoroury's presentation is both timely and very applicable.

The HPA Convention is not only a time to immerse yourself in the convention's educational content, but will also provide you with opportunities to meet new colleagues, renew old relationships and both rejuvenate and restore yourself. The presentations and events will be at the tranquil Ko'olau Ballrooms on the beautiful windward side of O`ahu. Please visit their website at <http://koolauballrooms.com/>.

The day will begin with a "Town Hall Meeting" discussion with Jeffrey Stern, Ph.D. (HPA President), Darryl Salvador, Psy.D. (HPA President Elect), Barbara Higa Rogers, Psy.D. (Past President), and Nancy Sidun, Psy.D. (APA Council Representative). Join us in this lively conversation to discuss professional concerns you feel are most important to you regarding your work specialty and play an active part in helping to shape the state and national agenda for our psychology profession!

The winners of the Psychologically Healthy Workplace Awards (PHWA) will be announced at our luncheon on October 19, 2012. This is the 13th year that the Hawai`i Psychological Association (HPA), in cooperation with APA, has established the "Healthy Workplace" Awards in the State of Hawai`i. Several of our past winners have gone on to attain both recognition and honor at the national level.

We believe in the longevity of our profession and recognize the importance that our student members play in sustaining the growth and future of our organization and profession. We wish to extend our kokua to our student members by inviting HPA members to sponsor students who would like to attend the convention by making a donation towards defraying student costs. Please consider extending your kokua for our students and write in your donation on the registration form.

We extend a warm invitation to you, our HPA ohana, and our extended community of allied health providers, educators, researchers and policy-makers. We look forward to seeing you and hope you will find this convention enjoyable, informative, exhilarating, and professionally stimulating. Please consider remaining for our social gathering and poster presentations on Friday, October 19<sup>th</sup>, 5:00 -7:00 p.m. Entertainment will be provided by Jeff Rasmussen. Chat and break bread with presenters, mentors, colleagues, and friends (heavy pupus included, bar available-no-host). The HPA Awards Luncheon will be held on Saturday, October 20<sup>th</sup> with the renown Philip Zimbardo, Ph.D., as the keynote speaker. **E Komo Mai! Join Us!**

The HPA Convention Committee Members include: Rosemary Adam-Terem, Ph.D. (Co-Chair), Jill Oliveira Gray, Ph.D. (Co-Chair), Darryl Salvador, Psy.D., Jeffrey Stern, Ph.D., Nancy Sidun, Psy.D., Barbara Higa Rogers, Psy.D., Keith Pedro, Psy.D., Lesley Slavin, Ph.D., June Ching, Ph.D., L. Martin Johnson, Psy.D., Dirk Elting, Ph.D., Maria Chun, Ph.D., Debbie Rubin, Psy.D., Daniel Meier, Psy.D., Susan Watson, Ph.D., and Gabrielle Toloza, Psy.D.

## About the Convention. . .

**Ko'olau Ballrooms:** The Ko'olau Ballrooms are located at 45-550 Kionaole Road, Kaneohe, Hawai'i 96744. They can be reached at 808-954-7000 or by email at info@koolauballrooms.com.

**Friday, October 19 and Saturday, October 20, 2012:** The multi-track convention program and CE workshops will be in the Grand Ballroom; and in the Kaneohe (Makai) and Kaaawa (Mauka) rooms.

**Parking:** Parking is free and located directly in front of the entrance to the ballrooms.

**Continuing Education Credits:** CE credits will be given only to those who attend entire workshops and complete and submit the evaluation forms before leaving the convention on Oct. 19th and 20th, 2012:

**5 CE** *“Working with Children with Autism Spectrum Disorders: A Multicultural Framework for Assessment and Strategies for Intervention in Outpatient Psychotherapy”*  
Nabil Hassan El-Ghoroury, Ph.D.

**1.5 CE** *“Temporal Theory and Time Perspective Therapy: A Psychology for the Future”*  
Philip Zimbardo, Ph.D., Richard Sword, Ph.D. and Rosemary Sword

**1.5 CE** *“Financial Psychology: Helping Clients Deal with the No. 1 Stressors in their Lives”*  
Brad Klontz, Psy.D. and Sonya Britt, Ph.D.

**1.5 CE** *“Financial Planning for Psychologists: 10 Things Every Psychologist Should Know”*  
Brad Klontz, Psy.D. and Sonya Britt, Ph.D.

**2.5 CE** *“Using Virtual Reality and Physiological Monitoring to Optimize Psychological Clinical Research Trials”*  
LTC Melba C. Stetz, Ph.D.

This program is sponsored by the Hawai'i Psychological Association. The Hawai'i Psychological Association is approved by the **American Psychological Association (APA)** to sponsor continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Complaints should be directed to Rosemary Adam-Terem, CE Administrator, HPA, P.O. Box 833, Honolulu HI 96808.

**Important Notice:** Those who attend the workshops, sign in and out, and complete and submit the evaluation forms will receive continuing education credits. Please note that APA CE rules require that credit is only given to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled starting time of the workshop or leaving before the workshop is complete will **not receive CE credits.**

**Who should attend the CE workshops:** The workshops will be beneficial for psychologists, psychiatrists, social workers, marriage & family therapists, nurses, counselors, CSAC counselors and other allied health care professionals. Information provided in the workshops will also be helpful for members of other professions and agencies.

**“Working with Children with Autism Spectrum Disorders: A Multicultural Framework for Assessment and Strategies for Intervention in Outpatient Psychotherapy”**

***Nabil Hassan El-Ghoroury, Ph.D.***

**Description:**

Autism has been gaining more attention in both scientific and popular literature. Recent research suggests that autism spectrum disorders (ASDs) are increasing in prevalence (from 1 in 150 in 2000 to 1 in 88 in 2012) and that ASDs occur in all racial and ethnic minority groups. Despite this, there is increasing evidence of health and educational disparities that affect diagnosis and access to interventions. A multicultural framework (El-Ghoroury & Krackow, 2012) suggests strategies for helping to reduce some of these disparities through careful history and assessment. The high prevalence rate suggests that child providers will likely encounter children with ASDs in their practice. This presentation will discuss how psychologists can treat children with ASDs in outpatient settings (El-Ghoroury & Krackow, 2011). Finally, the session will review and discuss the new proposed changes to the DSM-V regarding ASDs.

**Learning Objectives:**

- Participants will be able to identify health and educational disparities that are affecting various groups of children due to factors such as socioeconomic status or race/ethnicity.
- Participants will be able to review a multicultural framework for the assessment of autism spectrum disorders.
- Participants will be able to review how the adjunct problems facing children with autism spectrum disorders can be treated in outpatient psychotherapy settings.
- Participants will be able to identify changes to autism spectrum disorder diagnosis in DSM-V.

**About the Speaker:**

Nabil Hassan El-Ghoroury, Ph.D., is currently the Associate Executive Director of the American Psychological Association of Graduate Students. He has over 20 years of experience working with children with autism spectrum disorders (ASDs). Professionally, he began working with children with autism while an undergraduate at UCLA, where he spent 2 years in the Clinic for the Behavioral Treatment of Children, organized by Dr. Ivar Lovaas. There, he served as a therapist and senior therapist on several cases, and conducted a study on language development in three children with autism. He earned his Ph.D. at SUNY Binghamton, where his masters thesis on the play behaviors of family members towards children with autism was published in the Journal of Autism and Developmental Disorders, and awarded the Student Research Award from the Autism Special Interest Group of the Association for the Advancement of Behavior Therapy. Dr. El-Ghoroury completed a postdoc at the University of Rochester's Autism Spectrum Disorders Program, where he worked as a behavioral consultant for a number of school districts helping train staff about working

with children with ASDs. From 2002 to 2009, he worked at MetroHealth Medical Center in Cleveland, OH, where he completed assessments and treated children with ASDs, including children from Spanish speaking families. By the time he left MetroHealth, he was conducting comprehensive testing of children suspected of ASDs in Spanish. Since 2009, he has published two papers on working with children with ASDs based on the work he did in Cleveland.

**“Temporal Theory and Time Perspective Therapy: A Psychology for the Future”**

**Philip Zimbardo, Ph.D., Richard Sword, Ph.D. & Rosemary Sword**

**Description:**

Time Perspective Therapy “TPT” is a time based therapy that focuses on the future as well as the past for a Balanced Time Perspective. Theory, research and practice of TPT will be highlighted. Time Perspective Therapy was developed by the Swords to assist their patients suffering from chronic and severe PTSD. Based on Zimbardo’s Temporal Theory as described in *The Time Paradox* (2008), measured by The Zimbardo Time Perspective Inventory (ZTPI) and quantified in a longitudinal pilot research project by Brunskill, et al, Time Perspective Therapy approaches behavioral therapy through a new time-oriented method. Presenters will describe not only Temporal Theory and Time Perspective Therapy, but also unveil the results of a four year clinical trial that indicate significant decreases in patients anxiety, depression and PTSD symptoms. Time Perspective Therapy is a rapid, effective and enduring method that assists people in adapting to the depression, stress and trauma in our ever changing world.

**Objectives:**

- Present temporal theory
- Identify time perspectives as they relate to behaviors and thought processes
- Explicate ZTPI and how it supports other psychological tests
- Describe TPT, discuss practical application and *The Time Cure*
- Illustrate TPT with two case studies
- Disclose longitudinal pilot research project results

**The Presenters:**

**Philip Zimbardo, Ph.D.** has been a Stanford University professor since 1968 (now emeritus), having taught previously at Yale, NYU, and Columbia University. He also continues to teach at the Naval Post Graduate School in Monterey, California (courses on the psychology of terrorism), and is professor at the Palo Alto University, in Palo Alto, California (teaching social psychology to clinical graduate students). Among his more than 400 professional publications, including 50 trade and textbooks, is the oldest current textbook in psychology, *Psychology and Life*, and *Core Concepts in Psychology*, now in its seventh edition.

**Richard Sword, Ph.D.** is a private practice clinical psychologist on the island of Maui. His major clinical focus has been on treating veterans and civilians suffering from Posttraumatic Stress. His work with veterans of many wars caused him to search for a more effective treatment of PTSD, and that led him to the development of Time Perspective Therapy.

**Rosemary Sword** is a counselor and Time Perspective Therapist in private practice on the island of Maui. As part of her Hawaiian heritage, she was schooled in the Hawaiian psychology based on forgiveness known as *ho'oponopono* (“to make right”). In recent years, along with her husband Rick, she developed Time Perspective Therapy.

**”Financial Psychology: Helping Clients Deal with the No. 1 Stressors in their Lives”**

**Brad Klontz, Psy.D., CFP® and Sonya Britt, Ph.D., CFP®**

**Description:**

Since 2007, APA’s Stress in America survey has identified money as the no. 1 source of stress in the lives of three quarters of Americans. However, money has been a topic that has been traditionally ignored in psychological research and practice. This 90-minute presentation will provide information on the relationship between money beliefs, money disorders, financial health, and psychological well-being. Participants will learn about three helpful instruments designed to assess the psychological aspects of financial health, and the new approach to finances in clinical practice known as *financial therapy*.

**Objectives:**

- Review research on the relationship between money beliefs, money disorders, financial health, and psychological well-being.
- Categorize 3 patterns of money beliefs associated with poor financial outcomes.
- Learn an approach to financial therapy.
- Identify common money disorders seen by psychologists.
- Review three peer-reviewed instruments designed to assess the psychological aspects of financial health.
- Explore practice implications for psychologists.

**The Presenters:**

**Brad Klontz, Psy.D., CFP®** is a clinical psychologist and CERTIFIED FINANCIAL PLANNER™. He is an Associate Research Professor of Personal Financial Planning at Kansas State University and Director of Research at H&R Block Dollars & Sense, a program that since 2009 has donated over 3 million dollars in personal finance curriculums to high schools across the United States. Dr. Klontz is a former President of the Hawaii Psychological Association and a financial psychologist and planner with Personal Financial Consultants, Inc., with offices in Hawaii and California. Dr. Klontz was awarded the 2009 Innovative Practice Presidential Citation from the American Psychological Association due to his application of psychological interventions to help people with money and wealth issues and his innovative practice in financial psychology for practitioners across the country, and he was selected as Wright State University’s 2010 Outstanding Alumnus of the School of Professional Psychology. Dr. Klontz has co-authored four books on the psychology of money, most recently: *Mind Over Money: Overcoming the Money Disorders that Threaten Our Financial Health* (Broadway Business, 2009). Dr. Klontz’s work in financial psychology has been featured on ABC News’ 20/20, Good Morning America, and in USA Today, The Wall Street Journal, New York Times, Washington Post, Los Angeles Times, Time, Kiplinger’s, Money Magazine, NPR and many other media outlets and professional magazines and journals, including his “Mind Over Money” blog for Psychology Today.

**Sonya Britt, Ph.D., CFP® AFC** is an Assistant Professor and Program Director of Personal Financial Planning at Kansas State University (see full bio on next page).

**“Financial Planning for Psychologists: 10 Things Every Psychologist Should Know”**

**Sonya Britt, Ph.D., CFP® and Brad Klontz, Psy.D., CFP®**

**Description:**

Psychologists are in the business of helping others. However, when we ignore the no. 1 stressor in our *own* lives, we are not as well equipped to help others. This 90-minute presentation is designed to provide psychologists with essential information on financial planning to ensure a successful practice. Participants will be provided with specific action steps to improve their financial health. Topics include “healthy” debt, investing for beginners, protecting your identity, retirement planning, how to structure your business, why you shouldn't be your own dentist (or do your own taxes), and getting help in a world of financial predators.

**Objectives:**

- Stay awake, engaged, and enthralled during a presentation about financial planning.
- Describe the 3 greatest risks to a psychologist's financial health.
- Identify 3 types of insurance every psychologist should have and how to get it.
- Learn the step-by-step instructions (in 5 minutes or less) for setting-up a retirement investment account **today**, without having to hire a financial planner (even if you suffer from dyscalculia).
- Understand why the advice of over 90% of financial advisors may not be in *your* best interests and how to get objective financial advice.
- Identify 10 things every psychologist should know about financial planning.

**The Presenters:**

**Sonya Britt, Ph.D., CFP®, AFC** is an Assistant Professor and Program Director of Personal Financial Planning at Kansas State University. She teaches courses in the undergraduate and doctoral degree programs, including advanced personal financial planning, family and consumer economics, advanced research methods, and advanced statistics.

As founding president of the Financial Therapy Association—an international association of practitioners and academicians— Dr. Britt enjoys the opportunity to combine her skills in marriage and family therapy (M.S.) with her talents in financial planning (Ph.D.).

Dr. Britt is known for her groundbreaking research in physiological assessment of stress in the financial planning and counseling setting. Dr. Britt's other research interests include the theoretical development of money issues within marriage, predictors of money arguments and their influence on relationship satisfaction and divorce, efficacy of financial literacy efforts, and assessment of money beliefs and behaviors in the financial planning and counseling setting.

Dr. Britt recently published an edited book with Dr. Dottie Durband, *Student Financial Literacy: Campus-Based Program Development*, which leads readers through the process of developing or enhancing financial literacy programs for college students.

**Brad Klontz, Psy.D., CFP®**, is an Associate Research Professor, Kansas State University (see bio on previous page)



**“Using Virtual Reality and Physiological Monitoring to Optimize Psychological Clinical Research Trials”**

**LTC Melba C. Stetz, Ph.D.**

Psychologists must not only employ the right psychological techniques but also the right technology to help address psychological issues with their patients. To assist practitioners in employing sound assessments and interventions, research psychologists conduct thorough investigations that are used to guide effective therapeutic interventions and techniques. Over the past decade, numerous psychological clinical trials have been done that have evidenced the benefits of integrating technological tools into treatment. Examples of some of the empirically-based research done and practice opportunities for integrating the information provided into current patient care will be the highlighted. Specifically, a review of the virtual reality and physiological feedback systems (hardware and software), will be discussed.

**Objectives:**

- Identify relevant psychological clinical research trials that integrate technology.
- Categorize the technology used (hardware systems and software programs).
- Classify three forms of technology that can be integrated into current clinical practice.
- Describe the importance of integrating the identified forms of technology into practice to assist in establishing collaborations, partnerships, and allies with other healthcare professionals.
- Illustrate the potential client benefits of implementing technology into a multi-discipline treatment approach.

**The Presenter:**

**LTC Melba C. Stetz, Ph.D.**, is a licensed psychologist specializing in research and organizational interventions. She received her doctorate in psychology in 1999, from Carlos Albizu University. She is currently a Lieutenant Colonel in the U.S. Army where she has served since 1986. Besides serving as the Chief of Research in the Department of Psychology at Tripler Army Medical Center, she also teaches at Hawai'i Pacific University.

Dr. Stetz has been instrumental in not only developing innovative research, but also in documenting research findings to direct changes in the field of psychology. She has published extensively with a focus on military psychology, virtual reality, and prominent psychological issues (i.e., Traumatic Brain Injury, Post Traumatic Stress Disorder). She is currently the Editor-in-Chief of *Military Psychology* and has held a reviewer status on boards for *Military Medicine*, *Work and Stress Personality and Individual Differences*, *Human Performance*, *CyberPsychology and Behavior*, and *Journal of Defense Modeling and Simulation*.

In recognition of her accomplishments, she has won numerous awards, including the American Psychological Association's Arthur W. Melton Award for Early Career Achievement in Military Psychology, the Order of Military Medical Merit, the Military Outstanding Volunteer Service Medal, and a Presidential Champion Award. She is continuing her professional growth by currently getting Biofeedback Certification International Alliance Biofeedback and Neurofeedback certified. She is currently working on five active clinical research protocols, which have focuses on biofeedback, neurofeedback, cognitive assessment using virtual reality, mental health training with computer generated avatars, etc.

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**CONVENTION MORNING PROGRAMS**


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**7:30 a.m.**      **Registration**  
**Foyer**

**8:00 – 8:50 a.m.**      **“President’s Town Hall Meeting” and Annual General Meeting of the Membership with Jeffrey Stern, Ph.D. (HPA President), Darryl Salvador, Psy.D. (HPA President Elect), Barbara Higa Rogers, Psy.D. (Past President), and Nancy Sidun, Psy.D. (APA Council Representative)**  
**Glass Ballroom**

A lively conversation on critical issues facing psychologists in Hawai‘i and the nation. You will learn how APA and Hawai‘i partner on initiatives important to both practice and research oriented psychologists and discuss the professional concerns you feel are most important at the state and national levels.

**9:00 a.m. - 12:00 p.m.**      **“Working with Children with Autism Spectrum Disorders: A Multicultural Framework for Assessment and Strategies for Intervention in Outpatient Psychotherapy”**      **5 CE**  
**Grand Ballroom**      **Nabil Hassan El-Ghoroury, Ph.D.**

See workshop description on pages 3 & 4.

**9:00 – 10:30 a.m.**      **“Ethics Roundtable”**  
**Makai Room**      **Rosemary Adam-Terem, Ph.D. and Craig Robinson, Ph.D.**

In this interactive symposium, members of HPA’s Ethics Committee will present a summary of the ethical issues arising this year and discuss the role and form of the committee going forward.

**9:00 – 10:30 a.m.**      **“Experiential Presentation of iRest® Yoga Nidra as a Tool for Clinician Self-Care”**  
**Mauka Room**      **Jill Peterson, Psy.D.**

As a clinician of any theoretical orientation, we are the primary conduit for providing support, guidance, knowledge, and holding of the client’s experience. As such, it is vitally important for clinicians to incorporate consistent self-care practices into their lives in order to manage the stress, fatigue, and emotional overwhelm that can often occur. One such practice developed by Richard Miller, Ph.D., a clinical psychologist, is iRest® Yoga Nidra, a guided meditation practice used to release negative body sensations, emotions, and beliefs, while also assisting in the recognition of an intrinsic sense of peace that is always present despite our external circumstances. This experiential presentation will include a brief introduction to the practice (10 minutes), followed by a 30-40 minute practice, and 10 minutes for Q and A. Participants are either seated comfortably or lying on the floor. You are encouraged to bring your own mats.

**10:45 a.m. – 12:15 p.m.**      **“Furthering the Role of Health Psychologists in Medical Settings, Multidisciplinary Teams, Pre-surgical Assessments, Brief Interventions and Psychopharmacology”**  
**Makai Room**      **Kathleen Brown, Ph.D., DOT-Chair, Amy Park, Ph.D., CDR, HaNa Kim, Ph.D., Paul White, Psy.D., MAJ, Lavina Sanders, Ph.D.**

The current Clinical Health Psychology postdoctoral fellows at Tripler Army Medical Center (TAMC) will present on several different topics involved in the training program. Health Psychology fellows are well integrated into the clinical management of patients at TAMC and actively participate in several multidisciplinary and interdisciplinary teams. We will talk about different roles that we as health psychologists play in medical settings based on the nature and the need of each team. We will also discuss our roles in several different pre-surgical evaluations. Briefly, we will explain our training for the Master's Degree in Psychopharmacology through the University of Hawai'i at Hilo. We will end with a case example of a typical patient seen in the medical setting and address how we would treat that patient through the lens of a Health Psychologist.

**10:45 a.m. – 12:15 p.m.** – **“Validation of Outcome Measures Used in Rural, Integrated Healthcare Settings”**  
**Mauka Room** **Jill Oliveira Gray, Ph.D.-Chair, Justin Maeda, M.A., Heather McDermott, M.A.**

As we continue to move forward toward a person-centered, evidence based healthcare model of integrated service delivery, a more comprehensive understanding of outcome measures is essential. Research indicates health disparities in rural populations in Hawai'i, specifically among Native Hawaiians. Native Hawaiians experience significantly higher health and behavioral health risks, poorer health status, and lower life expectancy rates compared to other ethnic groups in Hawai'i. Contributing to this problem is a lack of valid assessment measures to identify and monitor treatment progress with rural populations. Preliminary analyses of the SF-12 and Duke Health Inventory of approximately 500 patients, the majority who are Native Hawaiian with comorbid physical and mental health conditions, recruited from various community health centers in Hawai'i, support the use of both measures as valid and reliable for rural populations in Hawai'i. Recommendations for future research directions will be discussed.

**12:15 – 1:30 p.m.** – **Healthy Workplace Awards Luncheon**  
**Glass Ballroom** The Hawai'i Psychological Association Business of Practice Network (BOPN) committee is proud to sponsor the 2012 Psychologically Healthy Workplace Award Luncheon. This program recognizes organizations state-wide that have demonstrated excellence in the implementation of psychologically healthy work policies and practices.

## CONVENTION AFTERNOON PROGRAMS

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**1:45 – 3:00 p.m. Grand Ballroom** **“Working with Children with Autism Spectrum Disorders: A Multicultural Framework for Assessment and Strategies for Intervention in Outpatient Psychotherapy”** **5 CE**  
**Nabil Hassan El-Ghoroury, Ph.D. (Continued)**

See workshop description on pages 3 & 4.

**1:45 – 3:15 p.m. Makai Room** **“Complex Case Conference”**  
**Nancy Sidun, Psy.D., ABPP-Chair, Jill Bloom, Ph.D. from the Massachusetts School of Professional Psychology, Daniel Meier, Psy.D.**

A complex case will be presented with each of the discussants examining some aspect of the case from their own perspective, while involving audience members in the discussions from various theoretical vantage points.

**1:45 – 3:15 p.m. Mauka Room** **“Using Data to Improve Practice and Policy: Simple Ways to Improve Individual Clinical Outcomes and Systems of Care”**  
**Lesley Slavin, Ph.D.-Chair, Brad Nakamura, Ph.D., David Roth, M.D., David Jackson, Ph.D.**

Regular measurement and feedback to therapists can improve clinical outcomes. This roundtable discussion will focus on practical measurement tools and strategies relevant to policy and clinical practice.

**3:30 – 5:00 p.m. Grand Ballroom** **“Temporal Theory and Time Perspective Therapy: A Psychology for the Future”** **1.5 CE**  
**Philip Zimbardo, Ph.D., Richard Sword, Ph.D. and Rosemary Sword**

See workshop description on page 5.

**3:30 – 5:00 p.m. Makai Room** **“What Does Health Care Reform Mean for Mental Health Services Providers in Hawai`i”**  
**Melissa Pavlicek, President of Hawai`i Public Policy Advocates, LLC, Dianne Brookins, a partner at Alston Hunt Floyd & Ing, Beth Giesting, Healthcare Transformation Coordinator, Office of the Governor**

The U.S. Supreme Court has upheld the constitutionality of the Affordable Care Act. This session will cover how the federal law will change what services must be made available to individuals who have mental health and addiction disorders. Panelists will discuss what treatment benefits will be required for mental health and substance use services, prescription drugs, rehabilitative, habilitative, and prevention and wellness services. They will address expanded access to prevention services and include discussion about funding for outreach and education campaigns. They will also discuss the law's incentives to coordinate primary care, mental health, and addiction services.

**3:30 – 5:00 p.m. Mauka Room** **“Autism Services in Hawai‘i: A Diverse Perspective”**  
**Gabrielle Toloza, Psy.D.-Chair, Jane Ortiz, Ph.D., William Bolman, M.D. (Psychiatrist), Parent Consultant (LDAH), BCBA Provider, Parent/Consumer**

A roundtable discussion of a multidisciplinary group of professionals providing varied services to families and consumers affected by Autism Spectrum Disorders.

**5:00 – 7:00 p.m. Glass Ballroom** **Aloha Friday Social Gathering and Poster Presentations in the Grand Ballroom Foyer**

**E Komo Mai! Join Us!** Enjoy pupus as HPA showcases the excellent work of several groups who will present their posters throughout the area.

### **Poster Presentations**

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**Beaches and Abusive Bosses: Using Virtuality to Train Pain and Anger Management**  
LTC Melba C. Stetz, Ph.D., Stanley D. Smith, Ph.D., Raymond A. Folen, Ph.D., Kathleen S. Brown, Ph.D., Chelsea L. Sousa, M.S.

**Smoking Cue Exposure: Flat Screen vs. Virtual Reality Reactivity**  
Raymond A. Folen, Ph.D., LTC Melba C. Stetz, Ph.D., Stanley D. Smith, Ph.D., Chelsea L. Sousa, M.D., Daniel Ruseborn, M.S.

**Benefits and Limitations of Riding a Bike While Watching TV or Playing Video Games**  
Raymond A. Folen, Ph.D., LTC Melba C. Stetz, Ph.D., Daniel Ruseborn, M.S., PFC Jaren L. Joe, Stanley D. Smith, Ph.D.

**Using Virtual Reality and Physiological Monitoring to Optimize Psychological Clinical Research**  
LTC Melba C. Stetz, Ph.D., Angela T. Wilhite, Psy.D., Raymond A. Folen, Ph.D., Sarah D. Miyahira, Ph.D., Kathleen S. Brown, Ph.D.

**Patient Suicide among Psychology Interns: Implications for Graduate Education and Training**  
Dana Swanson

**Children and Adolescents who Break Gender Norms: Implications for School and Peer Victimization and Bullying**  
Ricky Trammel, Ph.D.

**The Intersection of Psychology and Medicine in Obesity Treatment**  
Michael Valenti, M.A.

**Spirituality: It is what YOU make it!**  
Yvonne Awana, Psy.D., Edward Pacheco III

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**CONVENTION MORNING PROGRAMS**


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**8:00 – 8:50 Registration**

a.m.  
Foyer

**9:00 - 10:30 “Financial Psychology: Helping Clients Deal with the No. 1 Stressors in their Lives” 1.5 CE**

a.m.  
Grand Ballroom  
**Brad Klontz, Psy.D. and Sonya Britt, Ph.D.**

See workshop description on page 6.

**9:00 – 10:30 “What They Didn’t Teach You in Graduate School”**

a.m.  
Makai Room  
**Nabil Hassan El-Ghoroury, Ph.D.**

Dr. Nabil Hassan El-Ghoroury will talk with students on Autism and other issues facing the psychology profession today.

**9:00 – 10:30 “Collaborating on Teams with Diverse Professions: Experience with ‘Cultural’ Matters in Administrative, Clinical, and Research Settings in Psychology, Medicine, and Public Health”**

a.m.  
Mauka Room  
**Maria B. J. Chun, Ph.D., Bradley Chun, M.D., Angela Sy, DrPH**

Addressing health and social issues require a drilling down to the core structural determinants at the root of such issues. An interdisciplinary approach may more effectively tackle complex health and other social problems. With a focus on medicine, psychology, and public health, three panel presenters will discuss their respective experiences on interdisciplinary collaborative teams at their practice and research settings. This presentation will provide examples and lessons learned when working on teams with professions outside one's own. The extent that an interdisciplinary approach provides added value to their work will be discussed.

**10:45 a.m. – 12:15 p.m. “Financial Planning for Psychologists: 10 Things Every Psychologist Should Know” 1.5 CE**

Grand Ballroom  
**Brad Klontz, Psy.D. and Sonya Britt, Ph.D.**

See workshop description on page 7.

10:45 a.m. – “Using Virtual Reality and Physiological Monitoring to Optimize Psychological Clinical Research Trials” 2.5 CE  
12:15 p.m. LTC Melba Stetz, Ph.D.  
Makai Room

See workshop description on page 8.

10:45 a.m. – “No Easy Answers: The Ethics of Practicing Social Justice in Psychology”  
12:15 p.m. Pamela Hays, Ph.D., Darryl Salvador, Psy.D., Rosemary Adam-Terem, Ph.D. and  
Mauka Room Don Keith Pedro, Ph.D.

This roundtable explores the therapist’s dilemma of holding a values-based social justice orientation to psychotherapy while simultaneously trying not to impose one’s own values on clients.

12:15 – 1:30 **HPA Awards Luncheon – Philip Zimbardo, Ph.D. Keynote Speaker**  
p.m. Please join us at our HPA Awards Luncheon for presentation of awards to  
**Glass** recognize colleagues, Legislator or Legislators, a person or person in media  
**Ballroom** and members of the community for their outstanding contribution in the field  
of psychology and mental health. This will be followed by an inspiring talk by  
Philip Zimbardo, Ph.D. entitled “My Journey from Understanding and  
Creating Evil to Inspiring Everyday Heroism.”

## CONVENTION AFTERNOON PROGRAMS

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1:45 – 3:00 “Talk Story” and book signing *The Time Cure: Overcoming PTSD*  
p.m. *with the New Psychology of Time Perspective Therapy*  
Grand Philip Zimbardo, Ph.D., Richard and Rose Sword  
Ballroom

This is a Special Event – Talk Story and *The Time Cure* book signing with Phil Zimbardo, Rick and Rose Sword. Join the authors for Q&A and stimulating discussion and a great time!

1:45 – 3:00 “Using Virtual Reality and Physiological Monitoring to Optimize Psychological Clinical Research Trials” (Continued) 2.5 CE  
p.m. LTC Melba Stetz, Ph.D.  
Makai Room

See workshop description on Page 8.

**1:45 – 3:00 Paper Presentations**

**p.m.**

**Mauka Room Posttraumatic Growth: A New Perspective on Trauma**  
Natalia Cardona, M.A.

**The Biracial/Multiracial Experience: A Methodological Pilot Study**  
Lennon Tyler

**Ethical Practices in the Age of Health Care Reform**  
Liana Shelby, M.D.

**Prejudice and Discrimination of Gender Minorities: An Analysis of the Transgender Population**  
Scott Wilson



## Registration Information...

**Convention Fees:** The **convention registration fee is required** for attendance at all or part of the convention. The full day includes lunch, refreshments, and pupus during the social hour.

**Refund Policy:** Full refunds will be given to participants who cancel on or before September 30, 2012. A \$15 handling charge will be assessed on cancellations received on or after October 1, 2012.

**Member Registration:** HPA members and non-members who are presenting during the convention **may** register at the member rate.

**Student Registration:** Individuals who are current HPA student members may register at the student rate.

**Non-Member Registration:** Individuals who are not HPA members, Allied Health professionals, and non-member students.

**Neighbor Island Registration:** HPA members who are full-time residents of the islands of Maui, Kaua`i, Hawai`i (Big Island), Moloka`i or Lana`i: **deduct 20%** off your total convention registration fee. Also, HPA members have offered to provide transportation to/from the airport. Inquire about the opportunity by contacting HPA.

**Sponsor a Student at the Convention:** Pay a student's registration fee by making a donation. Simply indicate the amount of your donation on the registration form.

**Special HPA Membership Offer:** Persons applying to join HPA up to the time of registration for the convention are eligible for the member registration rate and the 2012 membership benefits. If you are interested in joining, please call the HPA office, 521-8995, for an application or download the application from HPA's web site, [www.hawaiipsychology.org/membership/index.html](http://www.hawaiipsychology.org/membership/index.html).

Need More Information? **Contact the Hawai`i Psychological Association:**  
Phone (808) 521-8995 or email [hpaexec@gmail.com](mailto:hpaexec@gmail.com)

## REGISTRATION FORM - Register early

Name \_\_\_\_\_ PHONE: (B) \_\_\_\_\_  
 Address \_\_\_\_\_ (Cell/H) \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_ Email \_\_\_\_\_

**Please indicate if you are a:** Clinical Practitioner/Private Practitioner \_\_\_\_\_ Public Service Psychologist \_\_\_\_\_  
 Training, Research, Education Psychologist \_\_\_\_\_ Student \_\_\_\_\_ Life Member \_\_\_\_\_

**REGISTRATION INFORMATION:** Circle appropriate fees to register.  
**Student Registration:** Individuals enrolled in a degree program may register as a student.  
 \*Non-members who are presenting may register as an HPA Member.

**Sponsor a Student** – write in amount of donation  
**Discounts (20%) for Neighbor Island Residents**

Registration Fees	Register Before September 30, 2012 and Save!	On or Before September 30	On or After Oct 1
<b>HPA Members &amp; Presenters</b>	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for October 19 and 20, 2012	\$ 245	\$ 295
	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for Friday only, October 19, 2012	\$ 199	\$ 249
	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for Saturday only, October 20, 2012	\$ 199	\$ 249
<b>Non HPA Member</b>	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for October 19 and 20, 2012	\$ 290	\$ 370
	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for Friday only, October 19, 2012	\$ 245	\$ 325
	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for Saturday only, October 20, 2012	\$ 245	\$ 325
<b>HPA Student Members</b>	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for October 19 and 20, 2012	\$ 125	\$ 175
	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for Friday only, October 19, 2012	\$ 99	\$ 149
	<input type="checkbox"/> CE Workshops, Programming, Continental Breakfast and Lunch for Saturday only, October 20, 2012	\$ 99	\$ 149

<b>Donation</b>	_____	_____
<b>Neighbor Island Discount</b>	_____	_____
<b>TOTAL</b>	_____	_____

**CHECK PAYMENT METHOD:**  Check enclosed, payable to HPA       PayPal at [www.hawaiipsychology.org](http://www.hawaiipsychology.org)  
 MasterCard     Visa     AmEx (PayPal only)       Purchase Order

For Credit Card, you must complete the following

Name (as it appears on card) \_\_\_\_\_  
 Card # \_\_\_\_\_ Exp date \_\_\_\_\_  
 Signature \_\_\_\_\_

**SEND REGISTRATION FORM  
TO:**  
 Hawai'i Psychological Association  
 PO Box 833  
 Honolulu HI 96808  
 Phone: (808) 521-8995  
 FAX: (808) 521-8994