

Hawaii Psychological Association

Early Career Psychologist Mentoring Program: FAQs

Purpose

The purpose of the HPA Early Career Psychologist (ECP) Mentoring Program is to provide an avenue for students and ECPs to connect with more experienced psychologists in order to foster professional growth and development. The mentoring relationship is not intended to provide clinical supervision or personal therapy for ECPs.

Who is an Early Career Psychologist?

An ECP is generally considered to be a psychologist in the first seven years of their career. The mentoring program is open to ECPs as well as graduate students transitioning to become ECPs.

Who is a mentor?

A mentor is an experienced psychologist who is interested in fostering the professional growth of ECPs.

What kind of commitment is involved?

Both mentees and mentors are asked to be open to a one-year commitment once the mentoring relationship is established, after which time they may choose to either continue or discontinue their mentoring relationship. The frequency and type of interaction is entirely up to the mentee and mentor. It may be helpful for mentees and mentors to discuss their expectations and availability as they establish their relationship.

How are mentees and mentors matched?

The ECP committee will match mentees and mentors based on interest. The committee also plans to develop a webpage to enable those seeking a mentor to view mentor profiles and choose a mentor they think would be a good fit for their professional development.

How do I sign up?

We are currently seeking mentors and mentees. Please complete the information sheet and return to an ECP committee member or email to Nicole Masukawa at nicolekanani@hotmail.com. Thank you for your interest!